Maryland Women’s Hall of Fame and Maryland Women of Tomorrow
2017 Induction and Awards Ceremony

Celebrating Trailblazers Across Generations

Thursday, March 16, 2017
Miller Senate Office Building
5:30 - 7:30 p.m. Ceremony
Conference Room East
7:30 - 8:30 p.m. Reception
Conference Room West

Presented by
Maryland Commission for Women
Women Legislators of Maryland
Maryland Department of Human Resources
Friends of the Maryland Commission for Women
The Maryland Commission for Women was first established in 1965 and was set in state law in 1971. An office in the Department of Human Resources, the Commission is a 25-member advisory board whose duties outlined in its enabling legislation include: study the status of women in our state, recommend methods of overcoming discrimination, recognize women’s accomplishments and contributions, and provide informed advice to the executive and legislative branches of government on the issues concerning the women of our state. Commissioners are appointed to four-year terms by the Governor, with confirmation by the Maryland State Senate, and serve without compensation.

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Mythili (Lee) Bachu, Chair, Montgomery County
A. Diane Williams, Vice Chair, Prince George’s County
Wandra Ashley-Williams, Secretary, Howard County

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Yun Jung Yang, Montgomery County

Staff:
Judith Vaughan-Prather, Executive Director
Tammy Wise, Management Associate
2017 Maryland Women’s Hall of Fame & Maryland Women of Tomorrow Induction & Awards Ceremony
March 16, 2017
5:30 – 7:30 p.m.

Welcome and Introductions
Lee Bachu, Chair
Maryland Commission for Women

Opening
Mistress of Ceremonies: The Honorable Aruna Miller, Maryland House of Delegates President, Women Legislators of the Maryland General Assembly, Inc.

Greetings
Yumi Hogan, First Lady of Maryland
Samantha Blizzard, Special Assistant to the Secretary, Maryland Department of Human Resources
The Honorable Roger Manno, Maryland State Senate
Joyce Leviton, Assistant to U.S. Senator Ben Cardin
Karen McManus, Assistant to U.S. Senator Chris Van Hollen

Appreciation to Our Sponsors
A. Diane Williams, Vice Chair, Maryland Commission for Women
Christine Buckley, Fiduciary Advisor and Vice President, PNC Wealth Management
Helen L. Holton, Chair, Friends of the Maryland Commission for Women

2017 Maryland Women’s Hall of Fame Induction
Marianne Brackney, Chair
Marsha Coleman-Adebayo, Ph.D., Government Reform Activist, Author
Carolyn W. Colvin, Former Acting Commissioner, Social Security Administration
Mary Elizabeth Garrett, Suffragist, Philanthropist, Women’s Rights Activist (Posthumous)
Katharine Blodgett Gebbie, Ph.D., Astrophysicist (Posthumous)
Kathleen Genevieve “Katie” Ledecky, Olympic Gold Medalist, Swimming
Helen Maroulis, Olympic Gold Medalist, Wrestling
Lilian Welsh, M.D., Suffragist, Women’s Education Advocate (Posthumous)

Presentation & Acceptance of Plaque to Maryland Women’s Heritage Center
The Honorable Aruna Miller to Diana Bailey, Managing Director, MWHC

2017 Maryland Women of Tomorrow Awards
Lorna P. Forde and Carole Jaar Sepe, Co-Chairs
Isabella Hessler, 8th Grade, Perry Hall Middle School, Baltimore County
Hazel Montgomery-Walsh, 8th Grade, Arbutus Middle School, Baltimore County
Dia Brown, 12th Grade, Huntingtown High School, Calvert County
Laura Espinoza, 11th Grade, Montgomery Blair High School, Montgomery County
Sarah Perez, 12th Grade, Tuscarora High School, Frederick County

Closing Remarks
Lee Bachu, Chair

Reception 7:30 – 8:30 p.m.
Conference Room West
Mistress of Ceremonies

The Honorable Aruna Miller, Chair
Women Legislators of the Maryland General Assembly

Aruna Miller was elected in 2010 to represent the 15th Legislative District (Montgomery County) in the Maryland House of Delegates and serves on the Ways & Means Committee where she sits on revenue, transportation, and education subcommittees. While in the House of Delegates, Delegate Miller has championed legislation to protect children, the environment, and public safety.

Delegate Miller has also served in several other key roles during her terms in the Maryland General Assembly including appointments to the bipartisan Business Climate Workgroup and the Interstate Commission on the Potomac River Basin, participating in a trade mission to India in 2011, and serving on the Executive Board of the Women's Legislators of Maryland.

Delegate Miller received her degree in Civil Engineering from the University of Missouri and has helped develop transportation solutions in Virginia, Hawaii, and California. Over the last 20 years Delegate Miller has worked serving the citizens of Montgomery County where she has overseen programs that advanced access to schools, employment centers, and community facilities that are safe for pedestrians, bicyclists, transit users, and those with disabilities. In addition, Delegate Miller serves on the boards of the Black Rock Center for the Arts, the Montgomery County Public Schools Educational Foundation and the Indian Biomedical Association. She is a graduate of Leadership Montgomery (Class of 2013).
The Maryland Women’s Hall of Fame is a rich source of biographies of women who made significant and lasting contributions to the history and culture of our state and our nation. Established in 1985 as a partnership between the Maryland Commission for Women and the Women Legislators of Maryland, the Hall of Fame honors Maryland women whose lives and work are of historic significance to the economic, political, cultural and social life of the state.

Each year the Maryland Commission for Women and the Women Legislators of Maryland call for nominations of women who have made history in fields such as the arts, athletics, business, community advocacy, education, government, the humanities, human rights, law, medicine, the military, philanthropy, and science. An independent, all-volunteer committee reviews the nominations and selects those to be inducted into the Hall of Fame each year. The biographies are on permanent display at the Maryland Women’s Heritage Center in Baltimore (www.mdwomensheritagecenter.org) and are posted on line at the website of the Maryland State Archives at: http://msa.maryland.gov/msa/educ/exhibits/womenshall/html/whflist.html.
Dr. Marsha Lynne Coleman-Adebayo, Government Reform Activist and Author: No FEAR

Nominated by Linda Plummer, President, Montgomery County NAACP

Dr. Marsha Coleman-Adebayo received her A.B. degree from Barnard College/Columbia University and her doctorate degree from the Massachusetts Institute of Technology (MIT). Originally from Detroit, Michigan, she moved to Maryland 30 years ago to assume a professorial position at the American University. Dr. Coleman-Adebayo is the author of the Pulitzer-nominated book: NO FEAR: A Whistleblower’s Triumph over Corruption and Retaliation at the EPA.

Dr. Coleman-Adebayo’s fight for a workplace free of sexism, racism and retaliation against whistleblowers started on August 18, 2000. Dr. Coleman-Adebayo won an historic lawsuit against the EPA on the basis of race, sex, color discrimination, and a hostile work environment. She subsequently testified before Congress on two occasions. As a result, the Notification of Federal Employees Anti-discrimination and Retaliation Act (No FEAR) was introduced by Congressman F. James Sensenbrenner (R-WI), Congresswoman Shelia Jackson Lee (D-TX) and Senator John Warner (R-VA). She provided the leadership for the passage of the No FEAR law signed onto by President George W. Bush. Millions of federal workers and their families have directly benefited from Dr. Coleman-Adebayo's courageous sacrifice and the protections of the No FEAR law.

From the floor of the U.S. Senate after the unanimous vote on the No FEAR Act, Senator John Warner called Dr. Coleman-Adebayo and told her, “Young lady, I am calling you from the well of the Senate floor. The United States Senate has just passed the No FEAR Act, the first civil rights law of this century – you have made history. Congratulations!” The No FEAR Act serves society by making it possible for federal employees to raise “red flags” when they see misconduct.

Dr. Coleman-Adebayo is the founder of the No FEAR Institute, an organization devoted to educating the American public about federal sector discrimination and the implementation of the No FEAR Act. The No FEAR Institute co-sponsored two symposiums on vanadium poisoning in South Africa and New York.

In 2003, Good Housekeeping Magazine selected her as its "Woman of the Year." The National Whistleblower Center has characterized her as one of the most influential "truth-tellers" in the country. TIME Magazine has called her the Rosa Parks of the 21st century for her bravery in the face of workplace intimidation. She was inducted into the Hall of Fame by the Project on Government Oversight (POGO) in June 2007. The Southern Christian Leadership Conference (SCLC) recognized Dr. Coleman-Adebayo’s leadership in the civil rights movement at its 50th anniversary gala in Atlanta, Georgia. The Montgomery County Chapter of the NAACP awarded Dr. Coleman-Adebayo its 2016 Unsung Hero Award.

Something Deeper Than Words

Something happens when a person stands up one day and says
I refuse
Often it is a first: I refuse to give up my seat.
I refuse to settle for less.
I refuse to look the other way.
It is beyond the day-to-day, the trendy, or the job description.
But something deeper than words, Beyond Bullets,
and older than anything we have ever known returns to us in that moment.
Large and independent, but still needing us,
something comes to life in our refusal,
and becomes the singular creed we must obey

From: NO FEAR: A Whistleblower’s Triumph

Dr. Colvin is passionate and committed to the mission, ideals, and principles of the Social Security Administration, especially in serving our nation’s most vulnerable populations - disabled, survivors, children, and those with limited income and resources. It is her pledged dedication to this essential mission that drew her from retirement to return to the Social Security Administration in January 2011. Upon her return Dr. Colvin served as Deputy Commissioner for Social Security. On February 14, 2013, she became the agency’s Acting Commissioner, and was nominated as Commissioner, Social Security Administration on June 20, 2014 by President Barack Obama.

Dr. Colvin has spent more than 30 years as a senior executive, leading federal, state, county and city organizations through development, change and innovation. In addition to her role as Acting Commissioner leading a workforce comprised of more than 63,000 individuals, Dr. Colvin served as a member of the Social Security Board of Trustees. Her dedication to others’ welfare also extends to Dr. Colvin’s membership in organizations such as Leadership Maryland, Morgan State University Alumni Association, the National Academy of Social Insurance, the National Association for the Advancement of Colored People, and the National Forum for Black Public Administrators. She was recently named as a National Academy of Public Administration (NAPA) fellow. She is known for promoting the competence and abilities of all, extending herself personally to encourage and aid others as they pursue their professional objectives and reach their full potential. In recognition of her commitment to the state of Maryland she has been honored with such awards as the Sun Magazine’s 50 Women to Watch (2014), the Innovations in Aging Award (Maryland, Virginia and District of Columbia Departments of Aging 2012), Maryland’s Top 100 Women (2005) and the Women of Achievement Award (Suburban Maryland Business & Professional Women 2005).

Born in Arnold, Maryland, Dr. Colvin currently resides in Odenton. She received her undergraduate, graduate and Honorary Doctorate degrees in Business Administration from Morgan State University in Baltimore.

“It is not enough to have a dream unless you are willing to pursue it. So, purposefully and passionately pursue your dream. Every day you wake up ask yourself - what am I doing today to bring me closer to where I want to be, to achieve my purpose in life?”
The Hon. Donna Edwards, U.S. Congresswoman  

Nominated by Colin Byrd

Donna Edwards was the first African American woman elected to represent Maryland in the United States Congress. She was born in Yanceyville, North Carolina, grew up in a military family. A graduate of Thomas Stone High School in Charles County, Maryland, she earned B.A. degrees in both English and Spanish from Wake Forest University, where she was one of only six black women in the class of 1980. She completed her final year of study at the University of Salamanca in Spain. She is the mother of one son, who is the light of her life.

Congresswoman Edwards began her career at the United Nations Development Program and also worked for the Lockheed Corporation at the Goddard Space Flight Center with the Spacelab program. She earned a Juris Doctorate degree in 1989 from the University of New Hampshire School of Law (formerly the Franklin Pierce Law Center), and held a summer clerkship in the office of Delegate Albert Wynn and the Women’s Equity Action League.

Congresswoman Edwards worked as an attorney in private practice, clerked for a District of Columbia Superior Court Judge, and worked as a public interest lawyer. She co-founded and led the National Network to End Domestic Violence, spearheading the effort to pass the Violence Against Women Act in 1994. She was the executive director of the Arca Foundation and Center for a New Democracy and was a tireless advocate for Public Citizen, a consumer advocacy non-profit organization. A member of the Diversity Leadership Council for the Maryland Democratic Party, she also served on the board of directors for the League of Conservation Voters and Common Cause, and currently serves on the John F. Kennedy Library Profiles in Courage Awards Committee.

Elected in a special election in June 2008, Ms. Edwards served five terms in Congress. She served on the Committee on Transportation and Infrastructure, Committee on Standards and Official Conduct, the Tom Lantos Human Rights Commission, and the Committee on Science, Space and Technology, serving as the lead Democrat on the Subcommittee on Space. In her last term, Congresswoman Edwards was a member of the Democratic leadership team as co-chair of the House Democrat’s Steering and Policy Committee.

Her first act in Congress was to add Maryland to the Afterschool Suppers Program, ensuring student access to nutritional dinners, and to afterschool and youth development programs in schools located in low-income areas. She secured a provision in the Affordable Care Act to hold insurance companies accountable for unjustified rate increases. She was a strong advocate for investing in historically black colleges, protecting women's reproductive rights, and protecting the Social Security and Medicare programs. Congresswoman Edwards championed legislation to reduce opioid overdose, to ensure quality, affordable child care, to end the federal death penalty, and to provide education opportunities to incarcerated and formerly incarcerated individuals. She was the first member of Congress to introduce a constitutional amendment to repeal the Supreme Court’s landmark Citizens United decision. In 2014, as chair of the Democratic women of the House of Representatives, Congresswoman Edwards launched the Women’s Economic Agenda for equal pay, affordable childcare and women’s economic security.

“Every girl should wake up, look in the mirror, and see a leader who is willing to serve. I wish tomorrow’s leaders the confidence to serve despite the naysayers and adversaries – no doubt, there will be many.”
Mary Elizabeth Garrett, (1854 – 1915), Suffragist, Philanthropist, Women’s Rights Activist

Nominated by Hannah Spiegelman, Goucher College

Mary Elizabeth Garrett was a major leader in the movement to provide higher education for women, and a leading advocate in the women’s suffrage movement in Maryland. She was born on March 5, 1854 into a wealthy and prominent Baltimore family. Her father, John Work Garrett, was the president of the B & O Railroad. Ms. Garrett never attended college and instead studied under her father, discussing academic, social, and political topics with a group of four friends, known as the Friday Night. Despite her own lack of formal education, Ms. Garrett was an outspoken supporter of higher education for women at the turn of the century.

“Knowledge is power and I for one am going to do my best to gain it.” While Ms. Garrett and her friends had wealth, they were still constrained by the rigid gender divisions in American society. Their philanthropy was their power because it allowed them to effect change when the vote was not an option. Ms. Garrett was a major force behind the establishment of two new schools in Baltimore at the end of the 19th century. The first, Bryn Mawr School, was created to fill the void of formal college preparatory schools for women. Bryn Mawr School was revolutionary, not just because it facilitated equal education for women, but because it was founded by women alone. As Ms. Garrett’s friends became involved with other schools and organizations, she became the lasting founder and fundraiser of the school.

Ms. Garrett’s chief contribution to higher education for women occurred when she helped raise funds for the opening of the Johns Hopkins Medical School. In 1889, the trustees of Johns Hopkins University found that they were unable to open the medical school due to a financial shortfall of $500,000. Ms. Garrett, along with a team of women, organized a campaign to raise money for the new medical school. Ms. Garrett informed the University trustees that they would only turn over the funds if the school was graduate-level and admitted women on the same terms as men. The trustees accepted these conditions, and in 1893, Johns Hopkins Medical School opened its doors as the first graduate medical school and first co-educational medical school in the country. Ms. Garrett was the key benefactor of the medical school, contributing more than half of the necessary funds.

Ms. Garrett soon realized that she could not confine her philanthropic outreach to education. She turned toward the women’s suffrage movement, working with the National American Women’s Suffrage Association (NAWSA) and with local Baltimore suffragists to further the cause. She graciously opened her Mount Vernon home to the movement for NAWSA’s 1906 convention. Ms. Garrett invited Baltimore college women to attend the convention and meet Susan B. Anthony, who remarked how proud she was to see so many young women passionate about the cause of suffrage. Throughout the remainder of her life, Ms. Garrett focused on donating money to the national movement and assisted with local groups and suffrage events such as the 1912 Baltimore suffrage parade.

Ms. Garrett died on April 3, 1915 – five years before the passage of the 19th amendment to the U.S. Constitution granting women the right to vote. She is buried at Green Mount Cemetery in Baltimore.

“I am more and more convicted and conscience-stricken over doing absolutely nothing in connection with Woman Suffrage, when it is so absolutely essential to the accomplishment of everything we have most at heart.”
Katharine Blodgett Gebbie, Ph.D., (1932 – 2016), Astrophysicist

Nominated by Heather Reichardt

Dr. Katherine Blodgett Gebbie received her B.S. degree in physics from Bryn Mawr College (a traditionally female college) and her Ph.D. in astronomy from University College London. She began her career in the U.S. Civil Service as a research astronomer at the U.S. National Bureau of Standards (NBS) in Boulder, Colorado. Showing distinct promise as a scientific research manager, in 1987 she was appointed as the Director of the Center for Atomic, Molecular and Optical Physics at the NBS headquarters in Gaithersburg, Maryland, an organization that rapidly grew into the Physics Laboratory of the National Institute of Standards and Technology (NIST: the successor to NBS), which today has grown the Physical Measurement Laboratory (PML). PML, with a staff of over 500 full-time staff and an annual operating budget of about $200 million, is responsible for the U.S. realization of six of the seven basic units of measurement of the Système International d’Unités (SI), and for maintaining the infrastructure for disseminating measurements traceable to the SI throughout U.S. commerce, industry, medicine, and scientific and engineering research and development.

At the time of her appointment, Dr. Gebbie was the only woman serving as a Center/Laboratory Director at NBS/NIST. She may well have been the first woman ever so appointed, and for much of the 25 years since then, she had been the only woman. Her accomplishments in this role have been widely recognized: the Distinguished Presidential Rank Award, the highest award of the U.S. Civil Service, which is bestowed by the President of the United States; the Service to America Award of the Partnership for Public Service; two awards of the Gold Medal of the U.S. Department of Commerce, its highest recognition; election to Fellow of the American Academy of Arts and Sciences, the American Association for the Advancement of Science, the American Physical Society; the Washington Academy of Sciences; and a number of other awards of professional societies and community organizations.

During her career, Dr. Gebbie was a tireless champion for the advancement of women in science and professional life. One of her signature accomplishments in this arena was breaking the “male-only” barrier to membership in the Cosmos Club of Washington, D.C., long the premiere men’s social club of the nation’s scientific and political elite.

Her stature derived from the outstanding record of accomplishment of the organization she founded and led for a quarter-century. Under her guidance, NIST staff received four Nobel Prizes in Physics (1997, 2001, 2005, 2012) in each case for work they had done entirely within their course of official duties at NIST - an extraordinary accomplishment for a U.S. Government Laboratory. Scientific accomplishments under her management included the cold-atom scientific revolution; quantum information technology, quantitative standards for medical diagnosis and therapy, neutron imaging and interferometry, and, among many other, a timekeeping service that was incorporated, for example, in the Microsoft Windows operating system that answered over a billion requests per day.

Dr. Gebbie was universally admired and loved by her scientific colleagues and staff members at NIST. In 2015, a newly commissioned building on the NIST Boulder campus was named the Katharine Gebbie Physical Measurement Laboratory, an unprecedented recognition for Dr. Gebbie’s contributions to NIST.

“Part of my job was just showing how whatever they (the scientists she supervised) wanted to do would fit into mission. Plant them, give them the resources they need and let them run. And it’s never failed. . . That in itself was quite thrilling.”
Kathleen Genevieve “Katie” Ledecky, Olympic Champion

Nominated by Jodi Finkelstein, Executive Director, Montgomery County Commission for Women

Katie Ledecky was born on March 17, 1997 at Sibley Hospital and has lived her entire life in Bethesda, Maryland. She graduated from Stone Ridge School of the Sacred Heart in 2015 and now attends Stanford University. Katie began swimming at the age of six, having been inspired by her older brother, Michael. A five-time Olympic gold medalist and nine-time world champion, she is the world-record holder in the women’s 400-, 800-, and 1500-meter freestyle (long course). She also holds the fastest-ever times in the women’s 500-, 100-, and 1650-yard freestyle events.

In her debut at the 2012 London Olympics as a 15-year-old and as the youngest athlete in the entire U.S. Olympic delegation, Ledecky surprised the world by defeating the defending champion and winning gold in the women’s 800-meter freestyle competition in American record time. The win gave Team USA its first gold medal in the event since 2000. Four years later, her stellar performances at the Rio de Janeiro Olympics made her the most decorated female athlete of the 2016 Olympics, where she won four gold medals and one silver. After winning gold in the 800 freestyle in world record time, Ledecky went on to become the second woman ever to sweep the 200-, 400-, and 800-meter races. (Debbie Meyer won those races in 1968.)

Ms. Ledecky has won a total of 20 medals - 19 gold and 1 silver - in international competition, and the combined 11 gold medals she has won in individual events in the Summer Olympics and World Long Course Aquatics Championships are already the most ever won by a woman swimmer in the history of the sport. In the process, Katie has broken World Records 13 times and American Records 23 times. In her first few weeks of collegiate swimming for Stanford this past Fall, Katie immediately broke NCAA records five times and set two new American records.

Her athletic accomplishments have been many, including being named Swimming World’s Female World and American Swimmer of the Year a record four straight years in 2013, 2014, 2015, and 2016; USA Swimming’s singular Athlete of the Year (male or female) also a record four straight years; International Female Champion of Champions by L’Équipe in 2014; the youngest person to grace the 2016 Time Magazine list of the 100 Most Influential People in the World; and following each of the past two Summer Olympic Games, she has been named the sole U.S. Olympic Committee Female Athlete of the Year across all sports.

In addition to her astounding athletic accomplishments, Ms. Ledecky contributes to charitable work as well. She is involved with Catholic Charities, Shepherd’s Table, Bikes for the World, and the Wounded Warriors Project at Walter Reed Bethesda Naval Medical Center.

Recently, when asked by President Obama at a White House visit about the first thing she would do if she had the job, she responded with the candor she brings to her sport:

“To do something to honor the people of this country. I know what it’s like to represent the country, but that’s nothing compared to what people have done for our country and have sacrificed for our country.”
Helen Maroulis, Olympic Champion

Nominated by Max Sartoph and Kevin Phelps, High School Wrestling Coaches

Helen Maroulis is one of only two Olympic Gold Medal wrestlers to hail from Maryland, and she is the only Maryland public school wrestler – male or female - to reach the lofty height of Olympic Champion. Born in Rockville, Maryland, she attended Cashell Elementary School, Redland Middle School and Magruder High School until she left for Olympic Training Center in Michigan in her senior year. Ms. Maroulis attended Simon Fraser and Missouri Baptist Universities.

Ms. Maroulis began wrestling at the age of eight. In early competition, especially in high school, she wrestled mostly against males. Competing against males in a male-dominated sport was not easy, but her passion for the sport and her thirst for knowledge propelled her to continue. She helped change the landscape of wrestling in Maryland. Early in her high school wrestling career, some opposing coaches would forfeit the competition to Helen rather than send out their wrestler. Eventually, her determination and grit helped transform the attitudes of many coaches toward female wrestlers. As a high school freshman, Helen was the first female to place in the Montgomery Region 3A/4A West, and the Maryland State Wrestling Tournaments. At one tournament, she made such an impression on the coaches that she was awarded the Outstanding Wrestler award even though she placed only third in the competition. She finished her three-year high school career at Magruder with a record of 99 – 26.

At the 2016 Summer Olympics in Rio de Janeiro, Helen Maroulis earned the distinction of first U.S. woman to win an Olympic Gold Medal in wrestling – and she toppled a giant to do it: women’s wrestling legend, Saori Yoshida. In addition to her Olympic gold medal, she has won the crowns of World Champion, World Cup Champion, Pan American Champion, Austria Ladies Open Champion, Russia Open Cup Champion, seven-time U.S. Open Champion, and four-time WCWA women’s college national champion. She was voted three times as the U.S. Open Outstanding Wrestler. Ms. Maroulis has won championships or medals in twelve countries including Austria, Azerbaijan, Canada, Cuba, France, Greece, Mongolia, Russia, Spain, Sweden, Ukraine, and of course, the United States. As an Olympic gold Medalist, Ms. Maroulis has placed Maryland’s wrestling program “on the map.” Because of her accomplishments in wrestling – along with those of several other Maryland athletes – a new unofficial Maryland slogan was born: “Maryland is for crabs and gold medals!”

In addition to wrestling internationally, training for the Olympics and traveling the world as an ambassador for the USA women’s wrestling team ever since, Ms. Maroulis runs wrestling clinics for wrestlers of all ages and loves to share her passion for the sport, her faith and the values of hard work and preparation. Her field of endeavor is athletics and her impact is far reaching as she is a source of inspiration for women everywhere. She was selected by the United World Wrestling international federation as one of eight “Super Female Athletes” to help promote women in sport.

Because of the accomplishments of high-profile athletes such as Ms. Maroulis, there are now many more opportunities for female wrestlers in Maryland and across the country. She has paved the way for young women to set foot into wrestling rooms across the nation, and young athletes happily wait in line to meet their new idol. This athlete, Helen Maroulis, exemplifies all the qualities necessary for success in any field: preparation, hard work, training, and practice, and her success demonstrates that humility, sincerity and extreme competitiveness are not mutually exclusive qualities.

“What the sport provides mentally and physically is too valuable for women to miss out on.”
Lilian Welsh, M.D., (1858 – 1938), Physician, Suffragist, Women’s Education Advocate

Nominated by Hannah Spiegelman, Goucher College

Lilian Welsh was born on March 6, 1858 in Columbia, Pennsylvania. After earning a medical degree at the Women’s Medical College of Pennsylvania in 1889, she traveled to Switzerland to continue her medical training. At the University of Zurich, she met Mary Sherwood, who in 1892 invited Dr. Welsh to Baltimore. In 1894, Dr. Welsh was recruited to join the faculty of the Woman’s College Of Baltimore (Goucher College), which from its beginning promoted the importance of both academic rigor and physical activity. Dr. Welsh, for many years the only female full professor at the college, unified physical education, physiology, anatomy, and hygiene into a department whose courses were required of all students. At a time when women were considered physically weak, she set new standards and expectations in educating students in health and wellness in tandem with promoting exercise and sports. Her integrative approach to physical training and scientific instruction became a model for other colleges in the nation and the principles she advocated are still in practice in wellness programs on many campuses today.

In the Baltimore community, Dr. Welsh was a leader in the public health movement and an active member of civic, social and suffrage clubs. Welsh served on the board of the Evening Dispensary for Working Women and Girls in Baltimore City. The dispensary was also key in providing women physicians with more training. At the turn of the century, Dr. Welsh joined a commission fighting against tuberculosis and was also at the forefront of the Child Welfare Movement.

While cultural boundaries prevented her from opportunities in medical research, she was determined that her students would have those opportunities. A colleague wrote, “Her two greatest joys were in the advancement of medicine and in the development of women.” Becoming Secretary of the Baltimore Association for the Promotion of the University Education of Women in 1897, she worked to persuade Johns Hopkins University to open its graduate school to women - a goal realized in 1908.

Dr. Welsh helped plan the National American Woman Suffrage Association (NAWSA) 1906 convention. Working with Mary Elizabeth Garrett and Susan B. Anthony, Dr. Welsh and Sherwood guaranteed the success of “College Evening,” and facilitated the involvement of Goucher students. On March 3, 1913, Dr. Welsh joined 100 Goucher students and national advocates for suffrage for the inaugural suffrage march in Washington D.C., the Congressional Union’s controversial and impactful parade. In 1916, Dr. Welsh became the faculty leader of Goucher College’s Equal Suffrage League chapter, inspiring many students to join the suffrage cause.

When Dr. Welsh died, the Goucher college board of trustees wrote a resolution commending “her outstanding service in the community both in her professional capacity and in her interest in the welfare of women and in her eagerness to secure for them the recognition of full opportunities and usefulness.”

“**My 30 years in Baltimore then have been rich in opportunities for progressive self-education and development; for contacts with great men and remarkable women; for lasting friendships; for service in educational and social fields . . . Could any other place in the world have given me so much?”**
# Maryland Women's Hall of Fame Honorees

## 1985 – 2016

<table>
<thead>
<tr>
<th>Year</th>
<th>Honorees</th>
</tr>
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| 1985 | Margaret Brent *  
Rosalie Silber Abrams*  
Mary Elizabeth Banning*  
Harriet Elizabeth Brown  
Hon. Constance A. Morella  
Mary Adelaide Nutting* |
| 1986 | Lillie Carroll Jackson *  
St. Elizabeth Ann Seton*  
Henrietta Szold*  
Jeannette Rosner Wolman  
H. Margret Zassenhaus, M.D.* |
| 1987 | Clara Barton*  
Frances Ellen Watkins Harper*  
Lena King Lee  
Martha Carey Thomas*  
Verda Freeman Welcome |
| 1988 | Bertha Sheppard Adkins *  
Eugenie Clark, PhD.*  
Hon. Lavinia Margaret Engle*  
Lena King Lee  
Mary Lemist Titcomb* |
| 1989 | Hon. Lucille Maurer  
Enolia Pettigen McMillan  
Paula Murray*  
Adele Hagner Stamp*  
Mary Levis Ristau* |
| 1990 | Rita R. Colwell, Ph.D.  
Mary Elizabeth Lange*  
Clair McCordell*  
Bessie Moses, M.D.*  
Alta Schrock, Ph.D.* |
| 1991 | Annie Armstrong*  
Anna Ella Carroll*  
Rose Kushner  
Hon. Margaret Collins Schweinhaut  
Carmen Delgado Votaw |
| 1992 | Hon. Rosalyn Blake Bell  
Lucille Cliffton  
Elizabeth King Elicott*  
Jean Spencer*  
Martha Elicott Tyson* |
| 1993 |  
| 1994 | Hon. Rosalie Silber Abrams  
Mary Elizabeth Banning*  
Harriet Elizabeth Brown  
Hon. Constance A. Morella  
Mary Adelaide Nutting* |
| 1995 | Jill Moss Greenberg  
Mary L. Noek*  
Amanda Taylor Norris, M.D.*  
Nettie Barcroft Taylor  
Euphemia M. Goldsborough Wilson* |
| 1996 | Madeleine L. Elicott*  
Ethel Llewellyn Ennis  
Mary Digges Lee*  
Brigid G. Levemhahl, M.D.*  
Barbara Robinson |
| 1997 | Diane L. Adams, M.D.  
Sol del Ande Mendez Eaton  
Catherine R. Gira, Ph.D.  
Hon. Helen L. Koss  
Rosa Ponselle* |
| 1998 | Constance Ross Beins  
Mary Katherine Goddard*  
Elaine Ryan Hedges*  
Mary Carter Smith |
| 2000 | Florence Riefle Bahr*  
Lillian C. Compton*  
Edith Houghton Hooker*  
Elizabeth Fran Johnson  
Bernice Smith White |
| 2001 | Constance Uriolo Battle, M.D.  
Lois Green Carr  
Sonia Pressman Fuentes  
Josephine Jacobsen  
Rosetta Stith, Ph.D. |
| 2002 | Kathleen Feeley, S.S.N.D.  
Mishab Khan, M.D.  
Sonja Pressman Fuentes  
Eunice Kennedy Shriver  
Sandra W. Tomlinson, Ph.D. |
| 2003 | Virginia Walcott Beauchamp  
Edith Clarke*  
Hon. Kathryn J. DuFour  
Ruth L. Kirschstein, M.D.  
Elita H. Maddox*  
Deborah A. Yow |
| 2004 | Emily Edmonson*  
Nancy Grasmick, Ph.D.  
Esther McCready  
Margaret Byrd Rawson  
Vivian V. Simpson* |
| 2005 | Shoshana S. Cardin  
B. Olive Cole*  
Susan R. Panny, M.D.  
Edyth H. Schoenrich, M.D., M.P.H.  
Susan P. Baker  
Liebe Sokol Diamond, M.D.  
Bea Gaddy*  
Marilyn Hughes Gaston, M.D.  
Rebecca Alban Hoffberger  
Grace Snively* |
| 2006 | Colonel Annette M. Deener  
Sally T. Grant  
Prasanna Nair, M.D., M.P.H.  
Karen H. Rothenberg, J.D., M.P.A.  
Hon. Audrey E. Scott |
| 2007 | Eleanor Fagan, "Billie Holiday"*  
Ramona McCarthy Hawkins, R.Ph.  
Ellen Moses Heller  
Hon. Pauline Menes  
Toby Barbara Orenstein  
Emily Wilson Walker, M.D.* |
| 2008 | Ilia Feher*  
Diane Griffin, M.D., Ph.D.  
Harriet Legum  
Allyson Solomon  
Anne St. Clair Wright* |
| 2009 | Claire M. Fraser-Leggett, Ph.D.  
Anne Catherine Hoof Green*  
Irene Morgan Kirkaldy*  
Almira Hart Lincoln Phelps  
Bernice R. Sandler, Ph.D.  
Lillie D. Shockley |
| 2010 | Lucy Diggs Slowe*  
Carol Greider, Ph.D.  
Barbara Holdridge  
Ligia Peralta, M.D.F.A.A.P., F.S.A.H.M.  
Gertrude Poe  
June Willenz |
| 2012 | Maureen Black, Ph.D.  
Margaret Dunkle  
Hon. Diana Gribbin Motz  
Hon. Nancy Kopp  
Alice Manicur, Ed.D.  
Gwendolyn Rooks |
| 2013 | Hon. Helen Delich Bentley  
Hon. Jean B. Cryor*  
Charlene Mickens Dukes, Ed.D.  
Hon. Ellen Sauerbrey  
Linda Shevitz  
Beatrice Tignor, Ed.D. |
| 2014 | Dorothy Bailey  
Agnes Kane Callum  
Renee Fox, M.D.  
Susan Goering  
Henrietta Lacks*  
Ann Cipriano Rees |
| 2015 | Hon. Beverly B. Byron  
Gail de Planque, Ph.D.*  
Mary S. Feik  
Katherine L. O'Brien, M.D.  
Linda Singh  
Sue Fryer Ward* |
| 2016 | Sophia Arabatzis Balis, D.D.S.  
Oretha Bridgwater-Simms  
Mary C. Goodwillie*  
Elaine Danforth Harmon*  
Joanne Katz, Sc.D.  
Lizette Woodworth Reese* |

* Posthumously inducted
The Women of Tomorrow Awards was established in 1997 to recognize and to honor extraordinary young women who have demonstrated a commitment to leadership, community service and academic excellence. Nominations are received from educators, civic, community and religious leaders across the state. An independent committee reviews all the nominations and makes the very difficult decision of selecting the honorees.

This year, five honorees were selected from among the 73 nominees from middle schools and high schools all across Maryland.
Isabella Hessler, 8th Grade, Perry Hall Middle School, Baltimore County

Nominated by Michelle Siri, Women’s Law Center of Maryland

Isabella Hessler is an eighth grade student, enrolled in all gifted and talented classes, with a 3.9 grade point average. Isabella has sought to be a leader in everything she pursues and has proved to be both a diligent student leader and a young woman who is a role model to her family and friends. Her performance in school demonstrates her work ethic and perseverance. Because of several learning differences, learning does not come easy to Isabella, but she has not let that deter her from accomplishing great things all while advocating for herself in the classroom and consulting with her teachers before school begins. She enjoys courses in government and French and is often found reading about the history of the countries that she has visited.

Isabella has earned 75 community service hours in middle school, matching the requirement for high school graduates. In elementary school, she galvanized her family and friends to make blankets for premature infants and for the homeless of Baltimore City as well as for children affected by the earthquake in Haiti. She has served as liaison to the Baltimore County Superintendent of Schools, offering feedback to administrators about the needs and status of middle school students. She is a member of the National Junior Honors Society and National French Honors Society. She works collaboratively with the Student Council raising money for the school and school-sponsored charities. She has collected school supplies for underserved populations, raised money for cancer research, and collected food for the homeless. She is a strong advocate for social justice and the needs of beleaguered populations. Isabella was recently inspired by a documentary to start researching how she can raise awareness and support of access to education for girls around the world. She hopes to contribute firsthand to this cause in India.

In addition to her academics and service, Isabella is a strong athlete and musician. She competes in both soccer and sabre fencing. She chose the sabre weapon because it has the least representation of women in the sport. Isabella has played the piano since she was four years old and also plays the saxophone (alto and baritone).

Isabella has aspirations to attend law school to focus on advocacy and equal rights in her community and beyond. Isabella seeks to show women are leaders and are not to be underestimated.

“Some see a leader as the point of a “V” where I see a leader as the center of a horizontal line, bringing her group with her as equals.”
Hazel Montgomery-Walsh, 8th Grade, Arbutus Middle School, Baltimore County

Nominated by Kelly Boyle, Music Team Leaders and Band Director

Hazel is an enthusiastic student, person, and friend. She is in all Gifted and Talented classes and consistently goes over and above what is asked of her to make exceptional grades. She loves people, cats, the Chinese language, Indian food, traveling, writing, her family, puns, her friends, cooking, and speaking out for what she believes in. She enjoys making movies about random, silly things but also about serious social issues such as helping refugees. Hazel has an interest in politics and enjoys learning about the rest of the world. She became interested in the recent Presidential election and started her own website, Catonsville for Hillary, in addition to working at the polls.

In academics she has won a first place for fifth grade county Science, Technology, Engineering, and Mathematics (STEM) Fair, earned straight A’s throughout middle school, and received a perfect score on the eighth grade Partnership for Assessment of Readiness for College and Careers (PARCC) test in reading and writing. She is a student ambassador and helps students avoid conflict and deter bullying in school. Hazel has been trained and is accomplished at interventions, mediations and meets with other students to foster change. She wants to start an after-school club highlighting feminism and women’s history and addressing women’s issues as well as decreasing the use of inappropriate language and imaging that deems certain groups.

In the sixth through eighth grades, Hazel has participated in an honors band program for eighth graders, played the violin, flute and alto saxophone, and sang at the Hospice of the Chesapeake programs for grieving adults and children. She has also participated in school plays, played on her school’s basketball and cross country teams, and is the President of the National Junior Honor Society. Outside of school, Hazel competes at the highest level as a member of the Hero’s Lacrosse club and anchors her Soccer Association of Columbia (SAC) team as a stopper/midfielder.

Hazel is very aware and caring of our community of diverse immigrant populations and would like to work with refugees now and in the future. She is an advocate for the Lesbian, Gay, Bisexual, and Transgender (LGBT) community and when she sees or hears anyone being disparaging of that community she is quick to intervene.

In terms of her future, Hazel wants to keep her options open, but can see herself as an engineer, an astronaut, a translator, a refugee worker, or the President. She wants to use travel, her fluency in Chinese, kindness, and compassion to promote understanding and help create a world where everyone can achieve their dreams.

“It means that despite our differences, together we have the power to change the world – and to give that little girl wearing a hijab in Aleppo, Syria; that young teenager who has gone through abuse; that working, single mother of four; that high school, bullied, gender-questioning girl; that young, smart girl who is judged for wearing makeup to school; and that plus-size and beautiful seventh grader – the message that they are strong, they are deserving, they are beautiful, they are worth it, they are amazing, and that together, WE are the women of tomorrow.”
Dia Brown, 12th Grade, Huntingtown High School, Calvert County

Nominated by Margaret Dunkle, Calvert County Commission for Women
Nominated by Rhonda Thomas, President, Leap Forward, Inc.

Dia Brown combines academic excellence with graceful leadership, a strong personal compass, humility, a fierce work ethic, and a good heart. She is unique in her focus and tenacity to pursue a worthwhile vision for a better future. Dia has always achieved academically, currently holding a grade point average of 4.1 on a 4.0 scale, taking Honors or Advanced Placement courses.

As a ninth grader, she won the Calvert County Commission for Women’s senior level Harriet Elizabeth Brown History Fair Award. Dia has served as an officer in several organizations, including Vice President of the Spanish Club and President of the Tri-Music Honors Society. She is a leader on her school’s Track and Field Team, having won multiple medals and awards and making it to the state level during her freshman year. She plays drums in the marching band, and the violin in the orchestra.

She has been accepted into the Jug Bay Teen Leadership Paddle, which combines on-the-water experiences with environmental insights.

Dia has honored an unsung local civil rights pioneer Harriet Elizabeth Brown, who enlisted NAACP attorney, Thurgood Marshall in 1937 to help fight for equal pay for black teachers, earning half of what white teachers earned. She meticulously researched and has brilliantly delivered dramatic presentations featuring Ms. Brown and Thurgood Marshall at multiple events, including keynoting the 2015 sold-out Women of the World awards luncheon.

Dia has also acted on her passion for the environment by spearheading efforts to save the Chesapeake Bay. She had the idea for the organization, Crochet for the Bay, when she was in seventh grade and founded it her freshman year. The club crochets toys and trinkets that are sold to generate funds to be donated to local organizations to improve the Bay. She and her team had huge success in October 2016 with the first annual “Big Bay Bash” that pulled in key members of the community to organize speakers on local conservation while students displayed projects about topics that involve the environment and the Bay. She is also a founding member of #OurCommonCalvert, a youth leadership organization to build unity across the Calvert County community.

Dia continues to strive to go above and beyond expectations. Though Dia’s college choice is undecided, she plans to pursue her dream to major in Environmental Engineering and ultimately build more environmentally sustainable houses of the future.

“It only takes one spark to ignite a flame, one pebble to start an avalanche, one person to make a difference.”
Laura Espinoza, 11th Grade, Montgomery Blair High School, Montgomery County
Nomination by Susanne Bray, School Counselor

Laura Espinoza is an exceptional young woman who strives to do well in any environment. She is currently enrolled in a number of Honors and Advanced courses. Rather than take the easy route through high school, Laura chose to apply to Montgomery Blair’s Science, Mathematics, and Computer Science Magnet Program. She has excelled in the male-dominated courses with a 4.76 weighted cumulative GPA and has received scores of 5 on her Advanced Placement exams, with plans to take more in the spring of 2017.

Laura is involved in numerous activities that highlight her leadership skills. She served as a Youth Commissioner with the Montgomery County Commission on Children and Youth, participated in the FBI National Academy Associates Youth Leadership Program, and in the Youth Leadership Program of Greater Washington. She is the Vice President of Communications for Montgomery Blair’s Robotics Team and staff writer for Silver Chips, its award-winning newspaper. She is a member of the National Honor, Science and English Societies, as well as Montgomery Blair’s Model United Nations. She is currently in the process of starting a career awareness club at her high school.

Service to others is important to Laura. With 584 hours, as a junior in high school she has well exceeded the 75 community service hours required to graduate in the state of Maryland. During the summer of 2015, Laura volunteered at Suburban Hospital and currently volunteers with the Whitman Walker Clinic. Laura spent the summer before her junior year as an intern at the District Court in Rockville. As a member of three honor societies, she also participates in service projects in the community, including volunteering as a peer tutor.

Laura has a strong interest in politics and current events and is interested in studying economics in college with plans to pursue a law degree, and a focus in business or civil rights. She loves writing and journalism, as well as advocating for social issues.

“… a leader should be able to say they have made others dream, learn, and do more for the community around them.”
Sarah Perez, 12th Grade, Tuscarora High School, Frederick County
Nominated by Ashley Fisher, Teacher

Sarah Perez is a senior at Tuscarora High School in Frederick where she has taken all Honors and Advanced Placement courses while participating in class clubs, Student Government and the National Honor Society. In addition, she has been on the cheerleading team, the lacrosse team, diving and swimming teams as well.

In her sophomore year, Sarah was elected as the Student Member of the Frederick County Board of Education for the following year. In her junior year, she was elected Vice President of Tuscarora’s Student Government, Junior Class President, Publications Coordinator for the Maryland Association of Student Councils, and returning Hugh Obrien Youth Leadership Conference ambassador serving on Team Alumni. She served as a delegate to the National Association of Student Councils and worked as an intern for Congressman John Delaney.

Sarah has been a strong advocate for partial voting rights for the Student Member of the Board of Education, and has become an advocate for all students. She is now the Senior Class President at her high school and is President of the Frederick County Association of Student Councils, while working with Frederick County’s Board of Education and the county delegation to the Maryland General Assembly in her efforts to draft voting rights legislation for the Student Member.

In addition to taking four Advanced Placement courses in the fall semester of her senior year, and these volunteer activities, Sarah holds down three jobs and volunteers as a coach to a youth swim team and as a youth minister in her church.

Sarah earned the Advanced Placement Scholar Award in 2016, is a member of the National Honor Society, the National Social Studies Honor Society, and the National English Honor Society. Her cumulative grade point average is 3.9732 on a 4.0 scale.

“Being a woman of tomorrow means remembering the women of today, as role models and remembering their sacrifice and dedication to changing customary confinements and breaking barriers for the future women to rise above.”
Much thanks to our partners:

Friends of the Maryland Commission for Women

The Friends of the Maryland Commission for Women (FMCW) is a 501(c)(3) non-profit organization. The FMCW was formed in 1997 for the purpose of supporting, benefitting and assisting the Maryland Commission for Women (MCW) or programs and/or activities that enhance and promote the mission of the MCW, and to receive any funds or properties donated to support the MCW activities. The business and affairs of the Friends Corporation are managed under the direction of its Board of Trustees. The Maryland Commission for Women especially appreciates the FMCW’s support for tonight’s program.

Maryland Women’s Heritage Center

The Maryland Women’s Heritage Center (MWHC) is a 501(c)(3) non-profit organization established to recognize and preserve the contributions of Maryland women of diverse backgrounds and from all regions of the state. Located in Baltimore, the Center is an outgrowth of the Maryland Women’s History Project that began in 1980 as a collaborative venture between the Maryland Commission for Women and the Maryland State Department of Education. The first comprehensive state center of its kind in the nation, the Center honors women who have been inducted into the Maryland Women’s Hall of Fame, as well as the Unsung Heroines who have shaped their families and communities. The Center also serves as a clearinghouse for information about Maryland women and a gathering place to hold workshops, forums, and other special events. Visit http://mdwomensheritagecenter.publishpath.com/ for more information.
Women Legislators of the Maryland General Assembly, Inc.
Celebrating our 45th Anniversary!

Women Legislators of the Maryland General Assembly, Inc. was established in 1972 to foster cooperation among women holding state legislative office and to increase the participation of women in politics. Key to the organization's success is its framework, wherein issues can be debated and policies refined, without losing sight of the overall mission: to improve public policy that affects women’s lives and increase the number of women elected and appointed to public office in Maryland.

The mandate of the Women Legislators of the Maryland General Assembly, Inc. is: to research and develop legislation assisting women; to encourage the greater participation of women in Maryland government; and to communicate and cooperate with other women's organizations.

In 2017, we are 66 members strong, comprising 35% of the General Assembly. We were the first Women’s Caucus in the nation and we are a 501 (c)(3) organization.

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