

Help for people with disabilities

Social Services to Adults provides assistance to adults with functional disabilities seeking to remain or become self-sufficient; it seeks to prevent abuse, neglect or exploitation; it reduces unnecessary institutionalization, or secures appropriate institutional care when necessary.



Who is eligible?

Services are available to adults 18 and over who have functional disabilities due to advanced age (65+) without regard to income. Those adults with disabilities under age 65 may receive services provided their income does not exceed 80% of the State median income.

How to access services

For additional information, contact your local department of social services or email the Office of Adult Services at officeof.adultservices@maryland.gov.



Social Services to Adults (SSTA)

Cost

Services are provided without regard to income.

What services are provided?

The program is the Department of Human Services' core case management program for vulnerable adults. It builds on the strengths of the adult's community and family support system rather than replace them. SSTA provides assistance to adults to remain or become self-supporting and self-sufficient, and seeks to prevent abuse, neglect or exploitation. SSTA reduces unnecessary institutionalization or secures appropriate institutional care when necessary. This service is provided without fee by applying to the local department of social services in your jurisdiction.

SERVICES MAY INCLUDE:

Information and Referral – to recommend services and try to connect you to an agency who can help.

Crisis Intervention – this 60-day service can assist an eligible adult with a crisis or change in his/her life. The service includes intensive help and guidance.

Case Management – this service helps eligible adults to continue to live full and independent lives in the community, or to secure institutional care when appropriate. Together with the adult, a Social Worker completes a comprehensive assessment of the adult's needs and resources, and develops an individualized plan of service.