



SNAP Emergency Allotments (EA) Ending on February 28, 2023

January 23, 2023

Since March 2020, Congress temporarily increased SNAP benefits by providing Emergency Allotments to help low-income individuals and families across the US deal with the financial hardships of the COVID-19 pandemic. The Consolidated Appropriations Act of 2023 law recently passed by Congress ends emergency allotments after February 2023 SNAP EA benefits are issued. This means that by March 2023, all SNAP households' benefits will return to standard SNAP benefit amounts, without the added supplement.

Emergency Allotment Start Date	Emergency Allotment End Date
March 2020	February 2023

IMPORTANT: If you are impacted by your SNAP benefits returning to the standard federal allotment amount and need emergency food assistance, we encourage you to contact the **Maryland Food Bank** at <https://mdfoodbank.org/find-food/> or **Capital Area Food Bank** at <https://www.capitalareafoodbank.org/find-food-assistance/>.

