

What will I receive and what will be expected of me?

Activity	Purpose	Expectation	Incentive
<p>Parenting Through Change for Reunification (PTC-R)</p>	<p>Provide ongoing support for families through peer support, hands-on skill development, and weekly coaching through phone calls with the group facilitators.</p> <p>PTC-R has been shown to:</p> <ul style="list-style-type: none"> ● Build on your strengths ● Increase child cooperation and positive behavior ● Help caregivers observe and manage their emotions ● Teach active communication and problem solving 	<p>Approximately 2 hours per week for 16 weeks total. The first 10 weeks are group sessions with other birth parents.</p> <p>The last 6 weeks are to support you as you prepare for or have your child return home.</p> <p>Group sessions are approximately 90 minutes.</p>	<p>Parents will receive an incentive stipend for attending weekly group sessions.</p> <p>(Once in person, child-care and snacks will also be provided).</p>
<p>Co-parenting with resource families</p>	<p>Co-parenting between families of origin and resource parents has been seen to encourage more timely, smooth and permanent reunification.</p> <p>This relationship will also serve you and your child(ren) by allowing you to maintain your relationship with your child(ren) while they are placed out of home.</p>	<p>Comfort calls are expected between birth families/ families of origin and the resource parents the same day of placement. Your caseworker will initiate this call. Icebreaker conversations should be initiated within 5 days of the youth's placement.</p> <p>When safe and appropriate in cases where supervised visits are ordered, resource parents should supervise and support birth parents during these visits.</p> <p>Birth families and resource families are expected to engage as often and safely as possible, including sharing updates on child's well-being, school progress, etc.</p> <p>Birth families and resource parents are encouraged to celebrate holidays, birthdays, and milestones together.</p>	<p>Your caseworker and the resource parent worker will support the ongoing process</p>



ADDITIONAL RESOURCES:

[Parents and Caregivers: A Community-based Multidisciplinary Approach to Strengthening Families](#)

<https://www.risemagazine.org/wp-content/uploads/2015/07/One-Step-at-a-Time-1.pdf>

[Birth and Foster Parent Partnership: A Relationship Building Guide](#)

[How can birth and foster parent partnerships help families reunify?](#)

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