REM Services
Topics of Discussion

• REM- Rare and Expensive Case Management
  ▪ Eligibility
  ▪ Services
  ▪ Referrals
Rare and Expensive Case Management Program (REM)

- A fee for service Medicaid program that provides medical benefits for individuals with qualifying medical conditions.
History of the REM Program

• Began in 1997
• Started when medical assistance recipients began enrolling in MCOs for their medical care
• Carve out of the MCO program for specific diagnoses
• Managed by Maryland Department of Health (MDH)
Purpose of the REM Program

• The purpose of the REM Program is to ensure that recipients with rare diagnoses have access to high quality, medically appropriate health care services in a cost effective setting outside of a managed care organization.
Medical Criteria for REM

• Must have specific ICD10 code diagnosis
• These diagnoses were originally those that were a rare occurrence (< 300/ year)
• Current diagnosis list includes diagnoses that aren’t as rare, such as Cerebral Palsy
• Diagnoses are typically long term and expensive to treat
Financial Criteria

• Must be categorically eligible for community Medical Assistance
  ▪ Poverty Level
  ▪ Affordable Care Act- Exchange
  ▪ SSI- Supplemental Security Income
  ▪ MCHP- Maryland Children’s Health Program

• OR enrolled in a Medical Assistance Home and Community Based Options Waiver
  ▪ Autism Waiver
  ▪ DDA Waivers
  ▪ Community Options Waiver
Additional Criteria for REM

• Age
  ▪ Each diagnosis has an age range
    o 0-12 months – (inconclusive HIV)
    o 0-3 – T-E fistula, esophageal atresia and/or stenosis
    o 0-5 – myoclonus, nose anomaly, pancreas anomaly, atresia of large intestines
    o 0-10 – other anomalies of digestive system, multiple congenital anomalies
    o 0-15 – Hirschsprung’s
    o 0-20 – HIV, Diplegia, Renal failure (no dialysis), cleft lip/palate
    o 21-64 – chronic renal failure with dialysis, cerebral palsy
    o 1-64 – dependence on respirator
    o All others are 0-1, 0-20, or 0-64
Services Available Through REM

• State Plan Services
  ▪ Nursing Care (<21yr)
  ▪ Pharmacy
  ▪ DME
  ▪ DMS
  ▪ Physician Visits
  ▪ Diagnostics
  ▪ Hospitalization
  ▪ EPSDT Services

• REM Optional Services
  ▪ Nursing Care (>21yr)
  ▪ Home Health Aid Services
  ▪ Nutritional Supplement and Counseling
  ▪ Physician’s participation in multidisciplinary meetings
  ▪ Dental
  ▪ Chiropractic Services
  ▪ OT, SLP
Care Management

• In addition to state plan and optional services, REM participants receive care management services from a nurse or social worker

• Assist participants with managing their care
  ▪ Provide direction to obtain appropriate services
  ▪ Assist with transition from hospital back to home
  ▪ Assist with obtaining alternative funding
  ▪ Assist with tracking of necessary equipment
  ▪ Attend clinic appointments, school meetings, etc. as an advocate for participants
  ▪ Site visits and required contacts based on Level of Care
  ▪ Contact with Physicians, DSS, and other providers
Referral Process for REM

- REM Intake 1-800-565-8190
- REM application completed by primary or specialty physician
- Documentation criteria for each diagnosis
- Agreement by family to participate- voluntary program
- Assignment to The Coordinating Center for care management
- Typically, REM does not begin until the child is in the community
Termination of REM Services

- Lose MA eligibility
- Age out of diagnosis
- Move out of state
- Hospitalized > 30 days in a long term care facility
- Refer to MW or have private insurance
- MCO
- MA program in new state
- Inpatient care under Institutional MA
REM by the Numbers

• Current enrollees
  ▪ 4300

• 2018 Applications Received
  ▪ 753

• 2018 Applications Accepted
  ▪ 540
The Coordinating Center...

- Is the largest independent care coordination organization in Maryland and serves 10,000 individuals annually
  - (REM, CFC, WISH, Model Waiver, Autism Waiver programs)
- Has been rooted in the community for more than three decades
- Employs more than 300 highly qualified licensed nurses, certified social workers, community health workers, housing specialists, and supports planners
Questions?