

Are you disabled and in need of help?

Temporary Disability Assistance Program (TDAP) provides limited cash assistance to low-income disabled individuals without dependent children and who have no other resources.



Temporary Disability Assistance Program



How is eligibility determined?

Applicant's disability must be documented by a medical professional. If you are disabled for 12 months or more, you must file an application for Supplemental Security Income (SSI).

TDAP recipients may receive benefits for 12 months out of a 36-month period unless they are pursuing SSI.

How do I apply?

You may file an application online at <https://mymdthink.maryland.gov/home/#/>, by mail, fax, or other electronic means; someone may drop an application off for you.

You may apply in person at a local social services office.

Call 1-800-332-6347 for more information.

What should I bring to the interview?

- Identification (driver's license, Maryland identification card, or employment identification)
- Social Security number for you and your spouse who lives with you
- Proof of address (lease, utility, water, or phone bill, rent or mortgage statement)
- A medical statement from your doctor or health care provider.

