# What is a Work Activity?



#### What is a work activities?

Work activities are designed to assist you with increasing your ability to gain employment. You and the Local Department will determine the best activity to participate in after an assessment is completed.

#### Who is required to participate in work activities?

TCA recipients who do not have an exemption or good cause are required to participate in work activities.

#### What are approved work activities?

They can include but are not limited to:

- Employment
- Apprenticeships
- Job Readiness Workshops
- Volunteering at different organizations to gain work experience
- Taking skills training classes
- High School Diploma/Equivalency classes
- Attending college

### How do I decide what activity is best for me?

Approved activities are agreed upon by you and the Local Department based on the outcome of your assessment. Activities will be identified to fit your unique needs.

## How long do I need to participate in an activity?

You are required to participate in a work activity in each month you receive TCA benefits.



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