

## MATCH Case Categories

### **Early Childhood 0 – 5 years:**

Children in this category may have no medical diagnosis or have a diagnosis that is not impacting their daily lives to a degree that they would classify them as medically complex. Children in this category will range from the age of newborn to 5 years. Children in this category will have a health status score of 1 – 3 and a mental health status score of 1 – 2. Nurses or Care Coordinators provide case management and complete health case reviews at least every 6 months. Case assignment is determined by the nurse based on health status and health needs.

### **Low Risk Behaviors/Healthy 6 – 17 years:**

Children in this category do not have chronic medical or behavioral health conditions that impact their daily lives to a degree that they would be classified as medically or behaviorally complex. Children are between the ages of 6 years to 17 years of age and may be placed in regular foster care, treatment foster care, kinship care, or non-therapeutic group living arrangements. Children in this category will have a health status score of 1 – 2 and a mental health status score of 1 – 2. Care Coordinators complete case reviews at least yearly and are available to address intermittent health issues that may arise.

### **Healthy 18+ years:**

Young adults in this category do not have chronic medical or behavioral health conditions that impact their daily lives to a degree that they would be classified as medically or behaviorally complex. Young adults in this category are 18 – 21 years old, and may be placed in regular foster care, treatment foster care, kinship care, ILP, SILA, or non-therapeutic group living arrangements. Young adults in this category will have a health status score of 1 – 2 and a mental health status score of 1 – 2. Care Coordinators complete case reviews at least yearly and are available to address intermittent health issues that may arise. Youth in this category will be asked to sign necessary releases so that MATCH may obtain medical and dental records and receive verification of attendance of mental health appointments.

### **Moderate Risk Behaviors:**

Children in this category have several mental health diagnoses that may require psychotropic medications to manage the behaviors. Some of these children require specialized mental health therapy in addition to psychiatric services to assist with behavior management. Often times these children are not stable in their placements and the community. Children in this group have a health status score of 1 – 3 and a mental health status score of 3 – 4. Licensed graduate or clinical social workers provide case management and complete health case reviews at least every 6 months.

### **High Risk Behaviors:**

Children in this group have a mental health diagnosis that meets the definition of serious emotional disturbance, or they have behaviors that require intensive therapy or behavior management in a restrictive placement such as a Residential Treatment Center or a Diagnostic Treatment Center or therapeutic group home. Children in this category are unable to function in a community or family setting without intensive supportive services such as TBS, PRP, or Wraparound. Children in this group have a health status score of a 1 – 3 and a mental health status score of a 3 – 4. Licensed graduate or clinical social workers provide a case management and complete health case review at least every 6 months.

**Pregnant/Parenting:**

Youth in this category will consist of those who are currently pregnant and/or parenting a child. The Parenting Teen in Foster Care is defined as the teen who is a parent and the child resides with the teen. The child of that teen may or may not be committed to the agency. Pregnant youth shall be followed by a nurse. Any youth in this category that have any medical or mental health diagnoses that meet the criteria for medically complex or moderate risk behavioral health will be co-followed by a nurse or social worker. The youth in this category will have frequent follow up appointments based on the stage of the pregnancy (i.e. monthly office visit until 28 weeks gestation, bi-weekly office visits until 36 weeks gestation, and weekly office visits until 40 weeks gestation). The youth in this category will have a health status score of 3 (based on being pregnant or parenting) and a mental health status score of 1 – 3. A Nurse or Care Coordinator provides case management and completes a health case review every 3 months for the pregnant youth and at least every 6 months for the parenting youth.

**Medically Complex:**

Children in this category have one or more health diagnoses that impact their lives to the extent that they require frequent, if not constant, medical care and follow up. These children may require multiple medications and specialty appointments as a result of their diagnoses. Children in this category have a health status score of 3 or 4 and a mental health status score of 1 – 3. Registered Nurses provide case management and complete health case reviews at least every 6 months. Registered Nurses also assist with the coordination of any subspecialty appointments that may be needed.