1304.1 Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Program is offered by the Maryland Department of Health (MDH). In Maryland, the preventive care component of the EPSDT Program is known as the Healthy Kids Program.

A. EPSDT is mandated by the federal government.

B. States must cover certain benefits for Medicaid recipients from birth through 20 years of age, benefits that are not necessarily covered for recipients who are 21 years of age and older.

C. The Maryland Department of Health (MDH) offers services to EPSDT providers including training and support services provided by nurse consultants and free vaccines through the Vaccines for Children Program.

- Medicaid, MCHP, and MCHP Premium provide children with the same comprehensive EPSDT benefit package under the Healthy Kids Program.

D. The Early and Periodic Screening, Diagnosis, and Treatment program is a separate Department of Health and Mental Hygiene program. Referrals are through the families MCO provider. Program information, including basic eligibility requirements, is provided here.

1304.2 OVERVIEW

- The Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) program are designed to provide regular checkups (required for children in TCA households), and follow-up treatment for people under 21 who receive Medical Assistance (MA) and helps TCA families meet Primary Prevention Initiative requirements.

1304.3 REQUIREMENTS

A. The TCA case manager:

1. Advises all EPSDT eligible households of the availability of the service for those under 21 through their Managed Care Organization.

2. Provides assistance, upon request, with:

   - Arranging transportation to and from EPSDT covered medical services
   - Scheduling appointments for covered services
B. Case managers advise customers to work through their MCO so they can work with the EPSDT program’s healthcare professionals. The EPSDT professionals provide full and partial screening services, using a set schedule to periodically:

1. Identify physical, mental, or developmental problems or conditions
2. Recommend a course of treatment

C. EPSDT covers all medically necessary services needed to correct physical and mental problems identified during screenings and includes the following services:

1. Dental
2. Vision
3. Hearing

1304.4 LIMITATIONS AND PREAUTHORIZATIONS

A. There are no treatment or service limitations for individuals under 21 when medically necessary to correct or lessen health problems

B. There is a limit of one EPSDT screen for each age interval, except when additional screening is deemed medically necessary by the healthcare professional performing the screening

C. Orthodontic care is limited to individuals who:

   • Score within a certain range on a widely accepted index for determining speech and eating problems, and cause dysfunction.

D. Dental services are limited to an initial or periodic exam every 6 months, except when medically justified by a dentist

E. Vision services, including examinations and eyeglasses or contact lenses, are limited to once a year, after EPSDT referral, except when deemed medically necessary by an eye care specialist

F. Hearing assessment and services are limited to once a year, after EPSDT referral, unless time limitations are waived, and provide the following:

1. One monaural or binaural hearing aid every 3 years
2. Replacement of lost, stolen, or damaged hearing aids
3. Annual purchase of batteries for customers with hearing aids

G. DHMH pre-authorizes services if the provider can document that:
   1. EPSDT procedures were followed
   2. Program limitations were met
   3. The service was necessary and appropriate

ADDITIONAL INFORMATION

- Other Programs and Services — Medical Assistance
- Post Eligibility Benefits — Medical Assistance
- Medical Assistance Manual