

## H.R. 1 (2025) SNAP Impact on Marylanders

*As of September 19, 2025*

Maryland's Supplemental Nutrition Assistance Program (SNAP) feeds **over 680,000 Marylanders monthly, including nearly 270,000 children**, with an average monthly SNAP benefit of just \$180 per customer. We project issuing **over \$1.6 billion in benefits in SFY 2026**. [H.R. 1 \(2025\)](#), as signed into law by President Trump, will hurt Marylanders trying to put food on the table.

### Key Impacts on Marylanders:

- **Eligibility Obstacles:** More paperwork and red tape will create barriers for Marylanders trying to feed their families.
- **Reduced Benefit Value:** Some Maryland SNAP customers will see smaller benefit amounts, making it harder to purchase food.
- **Increased Costs to Marylanders:** Maryland will be required to pay for 75% of SNAP administrative costs and up to 15% of benefit costs. This will place a burden of an estimated **\$412.5 million** on Maryland taxpayers, an increase of just over \$300 million from what the state currently contributes.

|                                                                                                    | Policy                                                                                                                                                                                                                                                                                                                                           | Effective Date | Impact on Maryland                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| <b>Eligibility Obstacles</b>                                                                       |                                                                                                                                                                                                                                                                                                                                                  |                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Able Bodied Adults Without Dependents (ABAWD) Work Requirements</b><br><br>Sec. 10102 of H.R. 1 | Expands the ABAWD work requirement age range to 18–64 from the current 18–54 and limits the child exemption to those with children under 14 (previously under 18).<br><br>Veterans, people experiencing homelessness, and young adults who aged out of out-of-home care and who are under the age 24 will be newly subject to work requirements. | July 4, 2025   | We estimate that 79,696 additional individuals will be subject to work requirements under H.R. 1. This includes 18,430 adults in households with children 14-17 and 61,266 adults aged 55-64.<br><br>Veterans, people experiencing homelessness, young adults who aged out of out-of-home care and who are under the age 24, and ABAWDs over the age of 54 were previously not required to work in order to be eligible for SNAP. Those who were required to work could be exempted if they were responsible for children under the age of 18.<br><br>The new provisions require ABAWDs through age 64 to prove they work, volunteer, or are in training to be eligible for SNAP benefits. Those under 65 responsible for a child are now only exempt if the child is under the age of 14. |

|                                                                                                                   | Policy                                                                                                                                                                                                | Effective Date | Impact on Maryland                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| <b>Eligibility Obstacles (Continued)</b>                                                                          |                                                                                                                                                                                                       |                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Able Bodied Adults Without Dependents (ABAWD) Work Requirements</b><br>(continued)<br><br>Sec. 10102 of H.R. 1 |                                                                                                                                                                                                       | July 4, 2025   | <p>Veterans, people experiencing homelessness, and young adults who aged out of out-of-home care and who are under the age 24 will also have to prove they work, volunteer, or are in training to be eligible for SNAP. <b>These changes will impose expensive paperwork and red tape on customers to meet and prove their SNAP eligibility.</b></p> <p>Local jurisdiction work requirement waivers are now significantly more difficult to obtain under H.R. 1. Approximately 10,250 ABAWD customers were previously exempt from these work requirements under local jurisdiction waivers in Baltimore City, Dorchester, Kent, Somerset, and Worcester counties when those jurisdictions experienced economic conditions beyond the control of SNAP customers. There are currently no local jurisdiction waivers in Maryland.</p> |
| <b>Further Restrictions on Eligibility</b><br><br>Sec. 10108 of H.R. 1                                            | Limits SNAP eligibility for New Americans to lawful permanent residents, Cuban or Haitian entrants, and individuals from the Federated States of Micronesia and the Republic of the Marshall Islands. | July 4, 2025   | <p>Maryland immigrant families will lose SNAP benefits unless they happen to be lawful permanent residents, Cuban or Haitian entrants, or Compacts of Free Association (COFA) residents (individuals from the Federated States of Micronesia and the Republic of the Marshall Islands). Refugees and people granted asylum who have not yet obtained Lawful Permanent Resident status (i.e. obtained a green card) are most at risk of losing SNAP due to these changes. Refugees and asylees are not eligible for a green card for 12 months after they've arrived in the country (for refugees) or received a positive asylum determination (for asylees). The change strips food assistance from these New Americans at their most vulnerable time.</p>                                                                         |

|                                                                        | Policy                                                                                                                                                                                                                         | Effective Date  | Impact on Maryland                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| <b>Reduced Benefit Value</b>                                           |                                                                                                                                                                                                                                |                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>SNAP Standard Utility Allowances</b><br><br>Sec. 10103 of H.R. 1    | Restricts the Standard Utility Allowance based on the receipt of energy assistance only to households with an elderly or disabled member.                                                                                      | July 4, 2025    | <p>Marylanders who paid for utilities were eligible for higher SNAP benefit amounts through a \$557 Standard Utility Allowance that was tied to their receipt of an energy assistance payment. H.R.1 ends the linkage unless the household includes a person who is elderly or disabled. While households can still claim the SUA, they will now need to provide more detailed evidence of the utility costs they directly pay, adding to paperwork and red tape.</p> <p><b>This change will mean thousands of Marylanders are at risk of lower SNAP benefit amounts each month.</b></p> |
| <b>Increased Costs to Marylanders</b>                                  |                                                                                                                                                                                                                                |                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>State Benefit Cost Share</b><br><br>Sec. 10105 of H.R. 1            | Requires states to pay for SNAP benefits based on their Payment Error Rate (PER):<br>- PER < 6%: 0% state match<br>- PER ≥ 6% but < 8%: 5% state match<br>- PER ≥ 8 but < 10%: 10% state match<br>- PER ≥ 10%: 15% state match | October 1, 2027 | <p>The federal government currently pays for 100% of SNAP benefits.</p> <p>Under this new provision, <b>Maryland could be responsible for 15% of SNAP benefit costs, or \$240 million per year</b> based on a PER ≥ 10%. Our current federally assessed FFY24 PER is 13.64%.</p>                                                                                                                                                                                                                                                                                                         |
| <b>State Administrative Match Increase</b><br><br>Sec. 10106 of H.R. 1 | Reduces the federal share of SNAP administrative costs from 50% to 25%, and increases the state share to 75%.                                                                                                                  | October 1, 2026 | <p>Currently, Maryland spends a total of about \$230 million on SNAP administrative costs, \$115 million covered by the state and \$115 million covered by the federal government.</p> <p>Under this provision, <b>Maryland will pay an estimated additional \$57.5 million in state funds to administer SNAP for a new state total of \$172.5 million per year.</b></p>                                                                                                                                                                                                                 |

|                                                                                                      | Policy                       | Effective Date  | Impact on Maryland                                                                                                                                                                                                                                                                                                                                       |
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| <b>Additional Cuts</b>                                                                               |                              |                 |                                                                                                                                                                                                                                                                                                                                                          |
| <b>National Education and Obesity Prevention Grant Program (SNAP-Ed)</b><br><br>Sec. 10107 of H.R. 1 | Repeals the SNAP-Ed program. | October 1, 2025 | We partner with the University of Maryland to help customers make informed, healthy eating choices and get the most out of their SNAP dollars. This \$6.4 million program reaches 424,000 Marylanders, including children.<br><br>Ending this program eliminates obesity education efforts and negatively impacts 541 SNAP-Ed partners across the state. |

### **Where to Find Help**

#### **Who can I talk to about my specific case?**

Please contact [your local department of social services](#) or call our Customer Service hotline 1-800-332-6347. For TTY, dial the Maryland Relay Service: 800-735-2258.

#### **How can I access other benefits like healthcare or cash assistance?**

Maryland is making it easier than ever to apply for all benefits. Marylanders are invited to check their eligibility and apply for benefits on their smart phone or a computer through [MarylandBenefits.gov](#).